Deep Reinforcement Learning-assisted Resource Allocation for Fluid Antenna System: Overview, Research Challenges and Future Trends

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Abstract—In recent years, Fluid Antenna Systems (FAS) have emerged as an innovative solution in wireless communications, offering dynamic adaptability by adjusting antenna positions within a confined space to enhance signal reception and coverage. By seamlessly optimizing antenna placement in response to varying channel conditions, FAS significantly improves the signalto-noise ratio (SNR) and ensures superior quality of service (QoS), particularly in challenging environments. A key aspect of maximizing the potential of FAS lies in efficient resource allocation, which is essential for optimizing network performance, balancing power and latency, and mitigating interference. This paper provides a comprehensive survey of Deep Reinforcement Learning (DRL)-assisted resource allocation strategies tailored for FAS. It explores the integration of DRL algorithms to leverage FAS's inherent flexibility, addressing scalability and reliability challenges. Our findings highlight the ability of DRLenhanced resource allocation to improve network capacity and resilience, underscoring the transformative potential of FAS in next-generation wireless systems. Furthermore, we discuss key research challenges and future trends in this evolving domain, setting a roadmap for future advancements.

Index Terms—Deep Reinforcement Learning, Fluid Antenna Systems, Resource Allocation

I. INTRODUCTION

The growing demand for reliable, high-speed wireless communication is being driven by the rapid expansion of mobile devices, Internet of Things (IoT) applications, and data-intensive services. However, traditional antenna systems often struggle to deliver consistent performance, particularly in densely populated areas or environments prone to interference. To overcome these limitations, Fluid Antenna Systems (FAS) have emerged as a groundbreaking solution. FAS introduces a novel level of flexibility in antenna design, enabling realtime adjustments of antenna positions within a defined space. Unlike static antennas, FAS dynamically identifies and moves to optimal locations for signal reception, making it particularly effective in scenarios characterized by high interference or significant signal variability [4, 8]. This adaptability positions FAS as a transformative technology for enhancing wireless communication in complex and challenging environments.

Resource allocation is pivotal in harnessing the full potential of FAS, ensuring optimal utilization of power, spectrum, and other network resources. Unlike traditional systems, resource allocation in FAS presents unique challenges due to the dynamic nature of antenna positioning and its interplay with

constantly changing channel conditions. Effective resource allocation strategies must leverage the inherent adaptability of FAS to balance power efficiency, minimize interference, and maximize throughput, all while meeting diverse user demands. This requires the development of sophisticated algorithms capable of dynamically adjusting resource allocation in response to both user mobility and the real-time positional adjustments of FAS. In complex and dynamic environments, DRL has emerged as a promising approach to address these challenges. By learning and adapting to evolving network conditions, DRL provides an efficient framework for solving resource allocation problems in FAS systems, ensuring improved performance and reliability.

This paper delves into the optimization of resource allocation in FAS, introducing novel techniques that capitalize on FAS's dynamic flexibility. By enhancing resource utilization and ensuring resilient connectivity, FAS emerges as a transformative solution for wireless communication networks, offering scalability and adaptability to meet diverse operational scenarios and user demands. The structure of this research is as follows: Section I introduces our approach and sets the foundation for the study. Section II provides a comprehensive overview of DRL-aided resource management in FAS, highlighting its advantages over traditional systems and its potential application in next-generation networks. Section III discusses key challenges and outlines future trends in this evolving domain. Finally, Section IV presents the conclusion, summarizing the insights and implications of this work.

II. RESOURCE ALLOCATION IN THE FLUID ANTENNA SYSTEMS

A. Fluid Antenna Systems

FAS represent a groundbreaking advancement in wireless communication technology, utilizing position-flexible antennas capable of dynamically reconfiguring their shape and position to optimize radio-frequency (RF) performance [4, 8]. Unlike traditional antennas with fixed elements, FAS introduces the ability to adjust antenna positions within a defined space, offering superior spatial diversity and enhanced multiplexing gains. This adaptability allows FAS to effectively mitigate interference and improve signal quality, making it particularly well-suited for densely populated communication environments, such as urban areas with numerous simultaneously

connected devices. Additionally, FAS can modify its orientation and frequency response in real-time, enabling it to adapt seamlessly to changing signal conditions, environments, and QoS requirements. This versatility positions FAS as a transformative technology for future wireless networks.

FAMA (Fluid Antenna Multiple Access) and FAS-assisted next-generation multi-access techniques are innovative approaches that harness the adaptability of FAS to revolutionize multiple access methods. In FAMA, users are assigned unique spatial signatures, and antenna positions are dynamically adjusted to enhance signal reception while suppressing interference [6]. Unlike traditional methods such as orthogonal multiple access (OMA), non-orthogonal multiple access (NOMA), or rate-splitting multiple access (RSMA), which rely on advanced techniques related to signal processing like successive interference cancellation (SIC), FAMA operates without requiring channel state information (CSI) at the transmitter and eliminates the need for SIC at the receiver. This reduces system complexity, enabling efficient management of massive connectivity demands in 6G networks. FAMA and other FAS-assisted multi-access techniques exploit the fluid antenna's unique ability to reposition itself in response to deep signal fades and interference, providing inherent interference suppression. By dynamically reconfiguring antenna positions based on real-time channel conditions, these techniques introduce a new degree of freedom, optimizing communication performance across both time and space. Furthermore, integrating FAS with NOMA or RSMA has recently emerged as a promising strategy for achieving efficient resource allocation. However, these combinations present new challenges that require innovative solutions to fully realize their potential in next-generation networks.

B. Deep Reinforcement Learning

DRL is an advanced area of machine learning technology that integrates the representational power of deep learning with the sequential decision-making framework of reinforcement learning. DRL enables agents to operate autonomously in complex environments by learning from interactions. The agent observes the current state of the environment, selects actions, and receives feedback as rewards. The agent's objective is to maximize cumulative rewards over time, learning optimal policies that guide its actions [2, 3]. By leveraging deep neural networks, DRL can process high-dimensional data, like images or sensory input, allowing it to perform well in tasks with large state spaces where traditional reinforcement learning struggles. Notable successes of DRL include mastering games, as well as advancing fields such as robotics, autonomous driving, and natural language processing. Despite its successes, DRL faces challenges, such as high computational requirements, sample inefficiency, and difficulty in ensuring stability and convergence in training, making it an active area of research and innovation.

C. Deep Reinforcement Learning-assisted Resource Allocation for Fluid Antenna System

DRL-assisted resource allocation for FAS represents a cutting-edge approach to optimizing wireless communication networks. FAS offers unprecedented flexibility by enabling antennas to dynamically adjust their positions or configurations within a defined space, enhancing signal quality and mitigating interference. However, the complex and dynamic nature of FAS poses significant challenges for traditional optimization techniques. DRL provides an effective solution by leveraging its ability to learn optimal policies through interactions with the environment. By modeling resource allocation tasks as a reinforcement learning problem, DRL agents can dynamically adapt to changing network conditions, efficiently allocate resources like power and spectrum, and improve performance metrics such as throughput and energy efficiency. Especially, the critic network in actor-critic frameworks utilizes a deep neural network to approximate the expected reward generated by the policy, while the actor network is responsible for determining the optimal policy. The advantage function, which represents the difference between the action-value function and a value function for a given state and action, is used as the loss function for training. It employs interactive feedback from the environment to iteratively train the neural networks, allowing the system to learn from real-time experiences rather than prelabeled examples. This integration of DRL with FAS promises enhanced adaptability, scalability, dynamic optimization in complex environments, and automation, paving the way for smarter and more efficient next-generation communication systems.

III. CHALLENGES AND FUTURE RESEARCH DIRECTIONS

While the advantages of FAS are undeniable, it presents significant challenges for resource allocation in such systems [4, 5]. First, the large-scale implementation of FAS requires the development of cost-effective, energy-efficient fluid antenna hardware. While current fluid antennas show promise in research settings, they must be optimized for practical, real-world deployment. Despite recent studies exploring FAS, practical considerations for real-world applications have not yet been fully addressed. Additionally, integrating FAS, and FAS-assisted multi-access techniques with emerging nextgeneration technologies, such as reconfigurable intelligent surfaces (RIS), AI-driven networks, and terahertz communication, presents both technical and operational hurdles. The need to ensure optimized resource allocation, low latency and high reliability in densely populated urban environments remains a significant challenge. Furthermore, the complexity of resource allocation within the FAS framework presents its own set of difficulties. Developing efficient algorithms to manage dynamic resource distribution while optimizing performance in such a flexible and adaptive system remains an ongoing challenge. Addressing these issues is essential for unlocking the full potential of FAS in real-world applications.

Therefore, DRL is a promising technique to address above several problems. In the context of multiple-input multipleoutput-FAS downlink communication, optimizing the system requires joint coordination of several parameters, including the port selection, the precoding matrix at base station, and the beamforming matrices at the user devices [5, 7]. DRL emerges as a more suitable alternative for Supervised learning, as it eliminates the need for labeled datasets by enabling agents to learn optimal strategies through interaction with the environment, making it well-suited for the complexities of FAS resource allocation. In [1], Bello et al. introduced a neural combinatorial optimization framework leveraging reinforcement learning. This approach can be adapted to develop an end-to-end learning model that optimizes stochastic policies for selecting activated ports and precoders to maximize the sum rate. This method provides a flexible and powerful solution for efficiently optimizing resource allocation and system performance in advanced communication networks. In addition, DRL can learn and adapt to changing network conditions and dynamic environments, and it is suitable for large-scale networks with numerous users and antenna configurations in real world. However, in [9], Yun et al. presented the instability of reinforcement learning during the training phase, it is a key factor that affects the convergence of the model. To address this challenge, mathematical methods with reinforcement learning can reduce learning variance, leading to enhanced training stability and faster model convergence. Additionally, strategies, which encourages exploration of learning process, should be designed clearly to avoid local minimum, and the balancing between exploration and exploitation problem. Specifically, the epsilon-greedy strategy encourages exploration by randomly selecting actions. However, its inherent randomness can reduce the efficiency of exploration. potentially slowing down the overall convergence. Besides, the algorithm selection and combination between different algorithms are also posing difficult challenges in recent times.

Future research should prioritize improving the hardware design of FAS to enhance their scalability and operational efficiency. Additionally, advances in DRL algorithms could facilitate more intelligent and adaptive antenna configuration strategies that respond dynamically to evolving network conditions. Thus, they need to be designed clearly to address efficiently proposed challenges. Exploring the integration of FAMA with other multiple access techniques, such as NOMA and RSMA, could open new pathways for enhancing network performance, particularly in the context of 6G. Moreover, resource allocation strategies need to be developed within the complex FAS framework to effectively tackle challenges such as energy consumption, cost, latency, and convergence of algorithms. To ensure accurate evaluation of system quality, it is essential to conduct deeper performance analysis, providing valuable insights into the effectiveness and efficiency of the proposed solutions.

IV. CONCLUSIONS

FAS represent a groundbreaking solution for enabling massive connectivity and efficient spectrum utilization in 6G networks. The unique reconfigurability of FAS allows for

reduced system complexity, interference mitigation, and enhanced scalability and flexibility, while also improving energy efficiency. These advantages position FAS as a pivotal technology for the next generation of communication systems. However, several challenges related to resource allocation in real-world applications persist, including hardware implementation, integration with existing technologies, adaptation to dynamic environments, and large-scale deployment. To address these challenges effectively, DRL offers a promising approach. Nevertheless, the system's accuracy, convergence, and efficiency requirements need to be ensure. Nevertheless, further research and development are crucial to unlocking the full potential of FAS in 6G networks and ensuring its practical deployment.

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